

Plate Dream

Easy Ranch Chicken Bake – 4-Ingredient Dinner

10 min Prep time	**20 min** Cook time	**30 min** Total time
4 Servings	**Easy** Difficulty	**American** Cuisine

Ingredients

Main Ingredients

- [ ] 4 boneless skinless chicken breasts (about 1½ lbs), trimmed
- [ ] ½ cup ranch dressing
- [ ] 1 cup shredded cheddar cheese
- [ ] ½ cup seasoned breadcrumbs

Optional Garnish

- [ ] 2 tbsp fresh parsley, chopped

Instructions

1. Preheat your oven to 400°F (200°C). Lightly grease a 9×13-inch baking dish.
2. Place the chicken breasts in the dish, season with salt and pepper, and drizzle the ranch dressing evenly over each piece.
3. Scatter the shredded cheddar cheese over the chicken, then sprinkle the seasoned breadcrumbs on top for a golden crust.
4. Bake for 20-25 minutes, until the chicken reaches an internal temperature of 165°F (74°C) and the topping is lightly browned.
5. Remove from the oven, let rest 5 minutes, then garnish with fresh parsley if desired.

Nutrition per serving

420 kcal	38 g	12 g	22 g
Calories	Protein	Carbs	Fat

Tips & notes

- If you prefer a spicier profile, add a pinch of cayenne to the breadcrumbs.
- For a lower-calorie version, use a light ranch dressing and reduced-fat cheese.
- Cover the dish with foil if the breadcrumbs brown too quickly.