

Plate Dream

Marshmallow Fruit Dip – Fluffy 2-Ingredient Treat

5 min Prep time	**5 min** Total time	**4** Servings
Easy Difficulty	**American** Cuisine	

Ingredients

Main Ingredients

- [ ] 1 cup marshmallow fluff
- [ ] 2 tsp fresh lemon juice

Optional Add-Ins

- [ ] Pinch of sea salt
- [ ] 1 tsp lemon zest
- [ ] 1 tsp honey (optional)

Instructions

1. Place the marshmallow fluff in a medium bowl; it should be soft and easy to stir.
2. Add the fresh lemon juice and whisk gently until fully incorporated; the mixture will become glossy and light.
3. If using, fold in a pinch of salt, lemon zest, and honey; stir just enough to blend without deflating the fluff.
4. Transfer the dip to a serving bowl, cover, and serve immediately with sliced fruit.

Nutrition per serving

180 kcal	3 g	44 g	0 g
Calories	Protein	Carbs	Fat

Tips & notes

- If the dip thickens, gently whisk in a teaspoon of warm water.
- Taste before serving; you may want a tiny extra splash of lemon for brightness.
- For a festive twist, swirl in a few drops of raspberry puree for color.