

Plate Dream

Microwave Chocolate Chip Mug Cookie

5 min Prep time	**1 min** Cook time	**6 min** Total time
1 Servings	**Easy** Difficulty	**American** Cuisine

Ingredients

Main Ingredients

- [ ] 4 tbsp all-purpose flour
- [ ] 2 tbsp brown sugar
- [ ] 2 tbsp melted butter
- [ ] 1 tbsp milk
- [ ] 1/4 tsp vanilla extract
- [ ] 1/8 tsp baking powder
- [ ] 1 egg yolk
- [ ] 3 tbsp semisweet chocolate chips

Optional Toppings

- [ ] A pinch of sea salt
- [ ] A sprinkle of powdered sugar

Instructions

1. In a microwave-safe mug, whisk together the melted butter, brown sugar, milk, vanilla, and egg yolk until smooth.
2. Add flour, baking powder, and a pinch of salt; stir until just combined – it will look a little thick.
3. Fold in the chocolate chips, reserving a few to sprinkle on top.
4. Microwave on high for 45-60 seconds, watching for the edges to set while the center remains soft.
5. Let the mug rest for a minute, then dust with powdered sugar and enjoy while warm.

Nutrition per serving

210 kcal	3 g	25 g	11 g
Calories	Protein	Carbs	Fat

Tips & notes

- If your microwave is lower wattage, add 10-15 seconds to the cooking time.
- For an extra gooey center, reduce the cooking time slightly.
- You can experiment with flavored extracts, like almond, for a subtle twist.